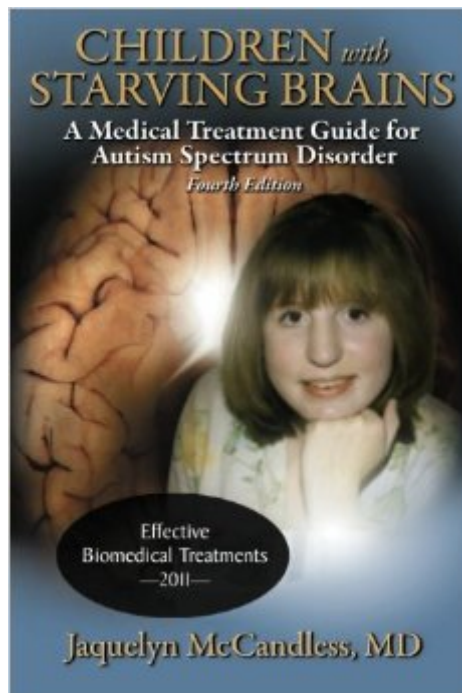


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# Children With Starving Brains: A Medical Treatment Guide For Autism Spectrum Disorder



## Synopsis

Children With Starving Brains is a message of hope in the midst of a worldwide epidemic of autism, ADD and ADHD. This is the first book written by an experienced clinician that gives a step-by-step treatment guide for parents and doctors based on the understanding that ASD is a complex biomedical illness resulting in significant brain malnutrition. Genetic susceptibility activated by "triggers" such as pesticides and heavy metals in vaccines can lead to immune system impairment, gut dysfunction, and pathogen invasion such as yeast and viruses in many children. Dr.

McCandless, whose grandchild with autism has inspired her "broad spectrum approach," describes important diagnostic tools needed to select appropriate treatment programs. Her book explains major therapies newly available and identifies safe and effective options for parents and physicians working together to improve the health of these special children.

## Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (110 customer reviews)

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## Customer Reviews

Please do yourself, your child, or your patients the monumental favor of reading, living, and practicing this book. Children with Starving Brains is an easy to read and comprehensive guide to the painfully complex issues surrounding the causation, gastrointestinal pathology, toxicity, and evaluation process of working with children with Autism Spectrum Disorders. The book then deals extensively with the steps involved in healing the injuries. Dr. McCandless walks the reader through gastrointestinal healing measures, removing heavy metals, restoring proper immune function, and healing the STARVING brain. You will shake your head in amazement both at the amount of helpful

and hopeful information in this book, as well as in absolute awe at the lack of comprehension that most medical, dental, and nursing practitioners have concerning the contemporary state of causation, pathology, and treatment of Autism Spectrum Disorders. I work in a practice that has successfully treated almost 100 children utilizing the principles outlined by Dr. McCandless. All the children have improved to varying degrees. Some have almost totally "recovered", others have shown islands of significant improvement, but ALL have responded positively. This is good, progressive, modern health care. It is not "alternative" treatment. It is correct treatment to address an acute illness or "insult" to a child's entire brain, body, and self. These interventions have also proven tremendously helpful in our treatment of 200 adults with Autism Spectrum Disorders. I especially appeal to my nursing colleagues: READ THIS BOOK.

High Functioning Autistic, for those who aren't yet familiar with the terminology. I have an adult diagnosis of Asperger's Syndrome, despite the fact that echolalia was my primary form of communication until I was 8, and I couldn't form a sentence on my own until that age. I enjoy being who I am, and I view autism as an essential part of my personality. I do not want to be "cured". That does not mean I do not want any of my symptoms to go away. I should add that this is more a review of the treatment approach recommended by the book than of the book itself. I started experimenting with the biomedical approach to treating myself 5 years ago. I began with what is basically the Feingold Diet - removing all artificial colors, flavors, and preservatives. I stopped having seizures (except for one time, when I accidentally had some Yellow #5 and began seizing about half an hour later, I went through everything I ate and drank that day two days later after staying in bed before finding the trigger). It helped me a lot with issues of emotional lability (sudden changes in mood). I also started to sleep a little bit better, and lost 15 pounds of the extra weight I had gained (I weighed 185 when I first started with biomedical approaches). Fast forward two years. I was happy with what I had gained from Feingold, and read Lisa Lewis' book on GFCF diet and found myself. As a child, I had consumed a gallon or more of milk per day, and as an adult, still ate cheese or yoghurt on a daily basis. Giving up all milk products allowed me to start looking people in the eyes for the first time in my life, notice facial expressions (though not process what they mean), and removed a lot of the haziness I had always experienced.

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